

## Two Minute Beauty Chats

By Pauline Furlong

**Self Improvement Applied to Personal Appearance. A New Series of Lessons Which Any Woman May Follow in Her Own Home.**

IT IS each woman's duty to make a careful study of herself—her coloring, size, good points and defects, and aim to make one counteract the other. In this way, and by dressing in good taste, and with great fastidiousness, even the extremely plain woman can make herself charming, especially if she has any degree of intelligence.

While the woman born beautiful, with normal figure and classic features, has a decided advantage over her less fortunate sister, still the latter may prove herself far more interesting and attractive to others, by her dainty appearance, poise and personality.

All of us know many beautiful women who are absolutely indifferent to their personal appearance, and these women usually have the self-assurance that they are so lovely that nothing can interfere with their attracting every one with whom they come in contact.

### Answers to Health and Beauty Questions.

**STIFF KNEES—MRS. L. N. D.:** Deposits, which in larger quantities may cause rheumatism, are likely to cause the knees to be stiff. You should, however, consult a doctor and let him study the case and advise you more fully.

**WALNUT STAIN FOR DARKENING GRAY HAIR—MAUDE R.:** The walnut shells come already dried and you can get them in the larger drug stores. Use two ounces of the dried shells to one pint of water. When cold strain and brush on clean hair. This also darkens bright red hair, is vegetable and harmless.

**WANTS HEIGHT—MRS. L. P. N.:** I cannot tell you what you should weigh since you measured your height with your shoes on. For five feet five inches tall, without shoes and forty years old you should weigh about 145 pounds.

**HAIR STIFF FROM HENNA TEA—MARGARET T.:** Use the henna powder made into a paste as so often given in this column. This makes the hair a beautiful bronze color and soft and glossy. It should not be stiff after using the paste.

**TO REDUCE HEIGHT—ALMA N.:** You cannot reduce your height but you can dress to look much shorter.

**BILIOUS AND LIVERISH—MRS. G. B. D.:** Copious water drinking and much physical exercise will correct this condition, providing, of course, that you eat light, easily digested foods, greens, salads and vegetables, lean meats and fish. Eat no rich gravies, heavy stews, pastries or fried foods. Much water inside and out, and plenty of fresh air will help clear sallow complexion.

**TO DEVELOP THE BREAST—MARGERY R.:** Send stamped self-addressed envelope for further particulars.

**STOMACH SWELLS AFTER EATING—N. J. H.:** Formation of gas, due to fermentation of food, causes the sensation of distention. Eat no rich, chew your food well and do not drink with meals.

**CLEANSING CREAM—MRS. H.:**

### Newest Things in Science

Patents have been granted for skates with regularly notched blades, which are said to increase their users' speed and facilitate fancy skating.

An organization of Italian agriculturists and business men has been formed for the production of cotton in Southern Italy and Sicily.

Blades that are vibrated 1,200 times a minute do the work of a new electric razor the motor of which gets its current from a light socket.

The addition of small quantities of molybdenum and chromium to iron in an experiment in Karlsruhe has produced a practically acid proof alloy.

An Englishman has invented a periscope to be mounted in a locomotive cab to enable an engineer to see the track ahead of the whole of his train.

To prevent the misuse of poison an attachment has been invented to hold a bottle on a shelf and ring an electric bell as a warning when it is moved.

An extensive plant will be built in Sweden for the production of coke and by-products by a process invented several years ago by German scientists.

For workers about electric railroads a shovel has been invented with an insulated handle to protect them should the blade touch a charged wire or rail.

The possible waterpower resources of Canada have been officially estimated at 18,000,000 horsepower, while the developed power is put at 1,512,210 horsepower.

This is such a false vanity because, after all, the well groomed, superbly natural woman, who possesses all of the gliding signs of wonderful, buoyant health, lovely complexion, clean, sparkling teeth, glossy, well-arranged hair and charming personality is, after all, the most delightful one to know.

It is not necessary for a busy woman to spend large sums of money and much valuable time in beauty shops, and this can be avoided, and the hours spent to better advantage, if they are divided into a few minutes at a time during each and every day, because persistence in our efforts is better in everything we undertake than spasmodic efforts just once in a while.

In this new series I shall write and illustrate some entirely new beauty hints on the care of the mouth, teeth, complexion, eyes, hands and feet, and outline some suggestions for arranging the hair, to suit different kinds of faces and features.

**B. V.:** Almonds, both sweet and bitter are cleansing and bleaching and the best cleansing cream is one which is very thin, easily applied and contains almond oil. All excesses should be removed from the face and neck with a soft gauze, after it is applied, and if it is allowed to remain on the skin over night may cause blackheads and coarse pores.

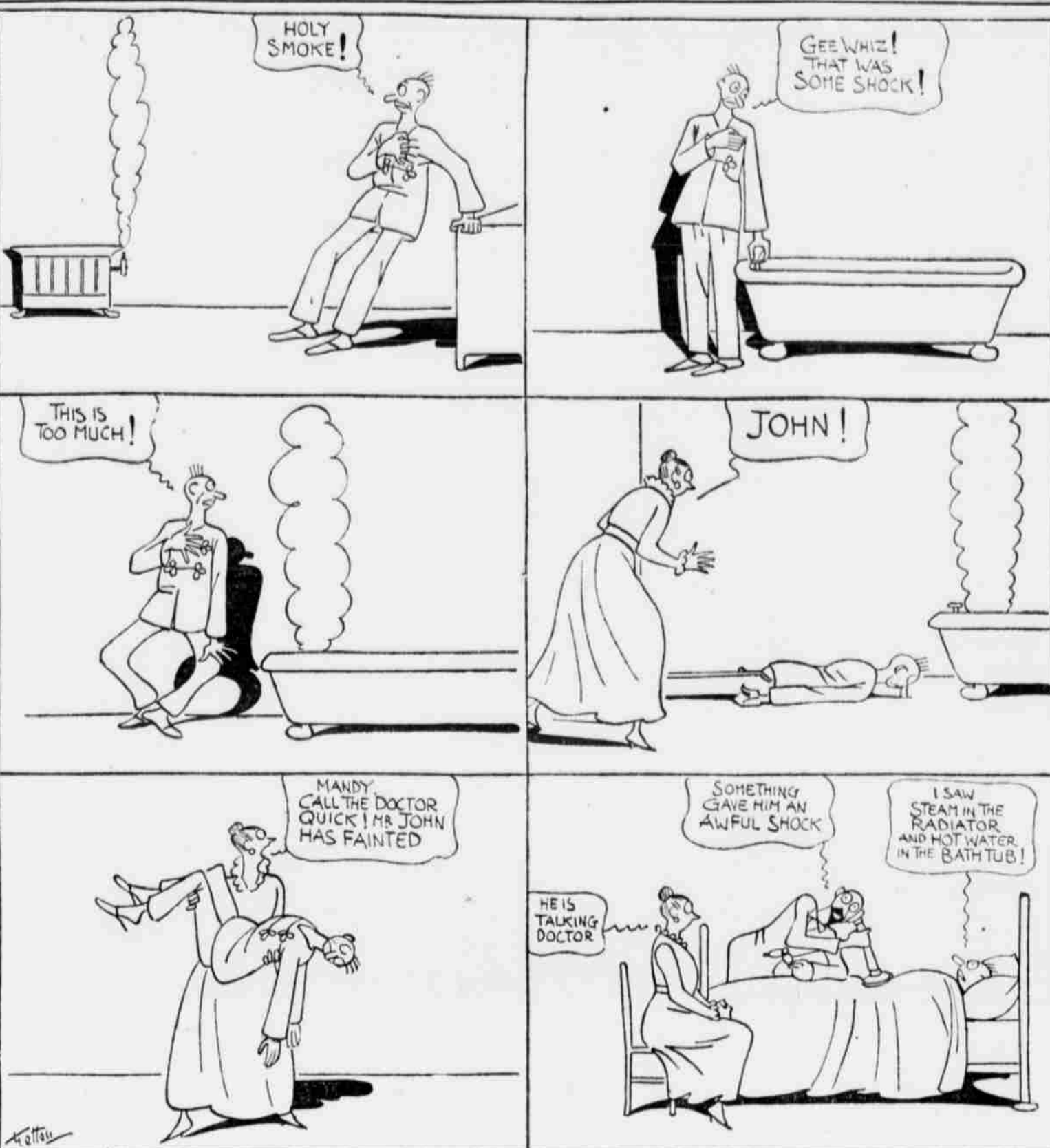
**EARACHE—MRS. J. N. B.:** You should consult a doctor and find out the cause of this. They should not occur so often. Sometimes hot cloths, wrung out and applied to the seat of the pain will bring relief. A small piece of cotton saturated with sweet oil or laudanum and placed in the ear also helps some.

**NEURALGIA—MRS. K. B. C.:** Hot mustard plaster or hot towels applied will sometimes bring relief, but if this does not, try cold applications and ice bags. Best of all see your doctor and find out the cause of these pains.

## The Day of Rest

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By Maurice Ketten



## THE CLUE OF THE TWISTED CANDLE

BY EDGAR WALLACE

**"T. X." Shows a Knowledge of Safes That Might Seem Peculiar for a Police Official**

**SYNOPSIS OF PRECEDING CHAPTERS.**  
John Lexman, writer, the best of Henington Kara, a Greek, at his country house in England. Kara is a rather strange character, usually called Kara, but his real name is John Lexman. Kara is a rather strange character, usually called Kara, but his real name is John Lexman. Kara is a rather strange character, usually called Kara, but his real name is John Lexman.

**CHAPTER XII.**  
X. found himself in a large room, handsomely furnished, but just lacking that sense of coziness and comfort which is the feature of the Englishman's home.

Kara rose from behind a big writing table, and came with a smile and a quick step to greet the visitor.

"This is a most unexpected pleasure," he said, and shook hands warmly.

T. X. had not seen him for a year, but found very little change in this strange man. He could not have been more confident nor have borne himself with a more graceful carriage.

"I think that will do, Miss Holland," said Kara, turning to the girl who, with notebook in hand, stood by the desk.

"Evidently," thought T. X., "our Hellenic friend has a pretty taste in secretaries."

In that one glance he took her all in—from the bronze-brown of her hair to her neat foot.

"What is the weirdest name you have ever heard?" asked Kara laughingly. "I ask you, because Miss Holland and I have been discussing a begging letter addressed to us by a Maggie Goomer."

The girl smiled slightly and in that smile was paradise, thought T. X.

by the way, how long have you had your secretary?" he asked abruptly. Kara looked up at the ceiling for inspiration.

"Four, in three months," he corrected. "A very efficient young lady who came to me from one of the training establishments. Somewhat uncommunicative, better educated than most girls in her position—for example, she speaks and writes modern Greek fairly well."

"A treasure!" suggested T. X. "Unusually so," said Kara. "She lives in Matrybone Road, 154, is the address. She has no friends, spends most of her evenings in her room, is eminently respectable and a little chilling in her attitude to her employer."

T. X. shot a swift glance at the other.

"Why do you tell me all this?" he asked.

"To save you the trouble of finding out," replied the other coolly. "That insatiable curiosity which is one of the equipments of your profession, would, I feel sure, induce you to conduct investigations for your own satisfaction."

T. X. laughed.

"May I ask you?" he said.

The other wheeled an armchair across the room and T. X. sank into it. He leaned back and crossed his legs, and was, in a second, the personification of ease.

"I know the lady very well indeed," said Kara, leaning back in his chair, and looking at T. X. with a quizzical smile. "It left the safe you opened in my absence on one memorable occasion, Mr. Meredith."

Kara made no answer, but opening a drawer of his desk he took out a key and brought it across to where T. X. was sitting.

"Here is the key of my safe," he said quietly. "You are at liberty to go carefully through its contents and discover for yourself any preliminary note which I hold from Lady Bartholomew. My dear fellow, you don't imagine I'm a money-lender, do you?" he said in an injured tone.

"Nothing was further from my thoughts," answered T. X., untruthfully.

But the other pressed the key upon him. "I should be awfully glad if you would look for yourself," he said earnestly. "I feel that in some way you associate Lady Bartholomew's lines with some horrible act of usury on my part—will you satisfy yourself and in doing so satisfy me?"

Now, any ordinary man, and possibly any ordinary detective, would have made the conventional answer. But T. X. was not an ordinary person. He took the key and balanced it lightly in the palm of his hand.

"Is this the key of the famous bedroom safe?" he said banteringly.

Kara was looking down at him with a quizzical smile. "It left the safe you opened in my absence on one memorable occasion, Mr. Meredith."

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**LONG LIVE THE KING**  
**THIS GREAT ROMANCE OF MARY ROBERTS RINEHART**  
**Will Begin on the Home Page Monday, March 4**

legibly inscribed upon the handle with another's name.

Kara uttered an exclamation of annoyance. "How stupid of me!" he said. "I remember, I sent the key to my bankers before I went out of town—I only came back this morning, you know. I will send for it at once."

"Pray don't trouble," murmured T. X. politely. He took from his pocket a little flat leather case and opened it. It contained a number of steel implements of curious shape which were held in position by a leather hoop along the centre of the palm of his hand.

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## Original Fashion Designs For The Evening World's Home Dressmakers

By Mildred Lodewick

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**Pretty Frocks for Gingham Material.**

It requires a little courage, balanced with pleasant anticipation, to sew on one's summer clothes when the snow is still flying, but that is exactly what the thrifty woman is doing. The first frock to be made is one to be donned the first warm day, simple and practical, of a fabric that has some weight, such as linen, cotton crepe or gingham. Gingham promises to have the same popularity this year as last, but will be seen in much more varied styles. In fact, where only plain checks prevailed last year, the novelty checks and plaids will take their stand along with them this summer. It is doubtful if any woman will be without at least one frock from this material after observing the new interpretations, which are not only soft and fine in texture but most attractive in color combinations.

A pretty design for such a fabric is shown in today's sketch. The medium high neck and short sleeves are features of this year's mode and well adapted to a frock of this character for practical wear. The broad collar and wide cuffs are detachable, of white pique, and the buttons, which fasten the front panel of the waist to the belt, are of white pearl. Other pearl buttons close the frock down the back.

This is a particularly youthful model, suitable for slim, youthful figures, and would be quite as pretty in a dark color cotton crepe or linen as in gingham.



**NOW IS THE TIME TO START SPRING SEWING—HERE IS A GOOD DESIGN.**

### Answers to Queries

**Fashion Editor The Evening World.**  
I cannot decide between these two examples of Georgette (one a gray and the other a dull blue) for an afternoon dress. Am thirty-five years old, have chestnut red hair, blue eyes and medium dark complexion. Will you kindly advise me which color and a becoming style? Am 5 feet 1 inch tall.  
**MRS. F. B. H.**  
The two colors used together would be pretty. Tucked gray chemise. Double gray elastic tunic.

**Fashion Editor The Evening World.**  
I desire to make for myself a gingham dress of two and would like a pretty design to follow. Could it be short sleeves, or are they considered too stylish? Am twenty-four years old, 5 feet 3 inches tall.  
**MISS A. M. H.**  
Short sleeves will be worn more this summer. White pearl buttons trim this dress.

**Fashion Editor The Evening World.**  
Will you kindly advise how deep a hem should go in a gingham dress?  
**MISS G. B.**  
A five-inch hem is good for frocks of such character.

**Fashion Editor The Evening World.**  
I saw a ship sailing. A sailing on the sea. 'Twas full of ammunition For fighting Germany. And so, but I was happy That I had done my share, Through purchasing War Savings Stamps To send it 'over there.'

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